Extreme Dot-to-Dot Design

Instructions: Complete the dot-to-dot above by finding the pairs of dots identified by coordinates below and drawing a line between each, while following these rules:

1. Draw the lines in the order given in the list below
2. Using a ruler, start drawing from the first coordinate toward the second coordinate
3. Stop drawing whenever the line you are drawing intersects a line you have drawn previously
4. Whenever you stop a line early, write the letter from the list below at that position in the grid

Dots to connect:

1. (16,21) → (13,17) O  12. (16,21) → (11,19) A  23. (15,3) → (12,5) F  34. (18,2) → (17,4) A
3. (16,21) → (14,17) K  14. (11,19) → (9,14) U  25. (9,3) → (10,6) U  36. (23,0) → (24,2) A
5. (9,14) → (17,8) W  16. (15,3) → (17,8) S  27. (2,14) → (12,18) A  38. (17,4) → (18,5) R
6. (1,13) → (4,4) I  17. (9,14) → (10,19) Y  28. (11,2) → (14,2) I  39. (18,2) → (22,0) P
7. (4,4) → (6,3) E  18. (1,15) → (5,9) S  29. (0,17) → (5,13) N  40. (21,6) → (18,2) O
8. (6,3) → (1,13) W  19. (9,3) → (4,4) F  30. (16,21) → (21,14) T  41. (23,0) → (18,4) E
9. (2,14) → (3,4) R  20. (7,9) → (11,2) A  31. (21,14) → (22,11) H  42. (24,2) → (22,0) T
10. (18,5) → (10,11) F  21. (0,17) → (1,13) T  32. (22,11) → (21,6) I  43. (19,6) → (18,2) O
11. (14,2) → (17,10) I  22. (7,9) → (13,14) E  33. (21,6) → (18,5) O  44. (24,2) → (22,0) T

When you are finished, read the letters in the grid from left-to-right and from top-to-bottom to find the answer to this riddle:
If you stress me at first then I’ll knock you about,
So then stress me at last when you want to pig out.

Solution: ___ ___ ___ ___ ___ ___